Lectio Divina			
≻	Read and re-read, out loud and slowly the Gospel	≻	Pray - Thanksgiving - Repentance - Petition
•	Meditate on reading as being spoken to you, an experience in your life	A	Action - Attitude (Call to change / to act / to do)

September 30th 2018 26th Sunday of Ordinary Time - Year B - Mark 9:38-43, 45, 47-48 In this week's gospel Jesus gets very annoyed with his disciples who tried to stop people who were not one of them from casting out demons. He told them "no one who works a miracle in my name is likely to speak evil of me" and anyone who is not against us is for us." He also condemns anyone who puts an obstacle in the way of people especially 'little ones' on their journey to you through this life.

What are the obstacles that have been thrown in your way that prevent you from experiencing the great gifts and freedom given to us on our journey by Jesus? **Prayer:**

Thank you Lord for the great moments of grace when we realised that often letting go of things that give us security can help us to experience your kingdom here on earth,

Forgive us Lord for the times we did not take into consideration that people do not need long speeches or grand gestures in life but to experience that they belong to you through our compassion and kindness 'giving a cup of water in your name.'

Help us Lord to be aware of the obstacles that can prevent us from welcoming all in your name and bringing them your love and compassion.

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